



ABAT COURSE (QABA APPROVED)

Introduction:

Our ABAT course is one of our most popular courses. The course content is carefully crafted by well qualified and experienced practitioners with many years experience in both theoretical and practical application of ABA principles.

The QABA-approved ABAT course provides foundational training in applied behavior analysis. It equips individuals with practical skills to support clients with autism and related disorders, preparing them for the ABAT certification and a career in behavioral interventions.



Module One: Autism Core Knowledge

This module introduces Autism Spectrum Disorder (ASD), covering common characteristics, DSM-V deficits, and early diagnosis 'red flags.' It also addresses risk factors, essential terminology (e.g., pragmatic language, social skills, stereotypy), and associated disorders like learning disabilities and co-morbid conditions. Understanding these basics is crucial for ABATs supporting individuals with ASD.

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Module Two: Legal, Ethical & Professional Considerations

This module defines the ABAT's scope of practice, emphasizing that ABATs do not create or modify treatment plans. It covers adherence to the QABA code of ethics, confidentiality limitations (including mandated reporting), and HIPAA. Key aspects include advocating for clients and using a collaborative approach to intervention, along with understanding IEP and IDEA acronyms for compliant practice.



Module Three: Core Principles of ABA

This module explores fundamental ABA principles, including behaviorism, classical and operant conditioning, and reinforcement/punishment. It details the three-part contingency (ABC data) and essential behavioral terminology such as extinction, motivation operations, and stimulus control. The module also covers various schedules of reinforcement and punishment, primary/secondary reinforcement, and key Applied Verbal Behavior (AVB) definitions.



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Module four: : Antecedent Interventions

This module focuses on strategies applied before behavior occurs to prevent challenging behaviors and promote desired ones. It introduces positive behavior support systems and key principles like the Premack principle, behavioral momentum, priming, and forced choice. The module also highlights common environmental and visual supports, such as FCT, PECS, TEACCH, social stories, video modeling, and visual schedules, to create supportive environments.



Module Five: Skill Acquisition Programming



This module details designing and implementing skill acquisition programs. It covers setting effective goals and objectives, systematic task analysis, and prompt types (least-to-most). Strategies for prompt dependence, demand fading, pairing, modeling, and imitation are also included. This module provides the groundwork for ABATs to effectively teach new skills and reduce prompt reliance.

Module Six: Behavior Reduction Interventions

This module outlines strategies for reducing challenging behaviors. It covers the components and purpose of Behavior Intervention Plans (BIPs), the four functions of behavior, and Functional Behavior Assessments (FBAs). Contingency interventions like token economy, positive practice, over-correction, response cost, and time-out are discussed, alongside differential reinforcement procedures such as DRO, DRA, DRI, DRL, and DRH.



Module Seven: Data Collection & Analysis

This module focuses on essential data collection fundamentals. It defines reliability and validity, describes components of operational definitions, and outlines various assessment types including preference, self-monitoring, ABC, and environmental evaluations. The module also covers different measurement methods like frequency, duration, time sampling, interval, and latency, as well as continuous/discontinuous and direct/indirect data recording. Finally, it addresses the identification and interpretation of basic graphs.

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Assessment:

At the end of the course, there will be a mock exam. The mock exam is QABA style mock exam. Only when the candidate passes this will they be presented for the real QABA examinations and be presented the certificates. To successfully pass the course, students are required to participate in 90% of the online lessons



Online lessons

All sessions except one are conducted online, and students are required to have their cameras turned on while attending. It's important to ensure that they are in an environment that fosters focus and encourages active participation throughout the sessions..

